

1 variables? It seems to me 120 milliseconds for your
2 inclusion criteria is a pretty narrow QRS.

3 Related to that, was there a difference
4 between interventricular conduction delays in people
5 who have a true left bundle branch?

6 DR. LARNTZ: I can answer the first, which
7 is that people with wider QRS had significant
8 improvement with CRT, significant being .05. That is,
9 wider meaning greater than, say, 160.

10 There was a trend toward improvement in
11 V_E/VCO_2 slope. There is also the case that the
12 adjusted improvement for the primary endpoint,
13 actually the rate there is 37 percent reduction for
14 that group.

15 You had a second question I couldn't answer.

16 DR. HAIGNEY: Do you know if there was a
17 difference left bundle branch block versus
18 interventricular conduction delays right bundle?

19 DR. LARNTZ: Oh, I'm sorry. I guess I can't
20 answer that. Not with respect to Peak VO_2 or others.
21 There was one with respect to the V_E/VCO_2 slope, non-
22 right bundle branch block group had greater

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1 improvement with the device.

2 DR. HAIGNEY: But did you distinguish
3 between just an interventricular conduction delay
4 versus left bundle?

5 DR. BOEHMER: John Boehmer. No, that was
6 not done. Many of these, and you are probably
7 familiar with them, are ugly looking wide QRS
8 complexes of the left bundle type but not meeting all
9 criteria for left bundle branch block.

10 DR. HAIGNEY: Thank you.

11 DR. SWAIN: Dr. Krucoff.

12 DR. KRUCOFF: Just one quick question to
13 check my own sense of heart failure literature. If we
14 took patients Class III or IV heart failure who were
15 not on ACE inhibitors and carefully initiated ACE
16 inhibitor therapy, would it be fair to say, Mike, that
17 we would expect if we did a VO_2 measurement before
18 initiation at three months we would see an increase in
19 their VO_2 ?

20 DR. HIGGINBOTHAM: Michael Higginbotham. On
21 the average that would be true. Most of the large
22 meta-analyses have shown a small difference .5 to 1

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1 VO₂ or the exercise time equivalent to that. There
2 might be a small change from zero to, say, three to
3 six months.

4 DR. KRUCOFF: Okay. And similarly if we
5 were to take population of Class III/IV heart failure
6 patients and put them on a potent oral inotropic
7 agent, would it not be true that we would probably see
8 an increase in their VO₂ in about three months?

9 DR. HIGGINBOTHAM: Not at six.

10 DR. KRUCOFF: I'm not asking six.

11 DR. HIGGINBOTHAM: No, you're right. At
12 three months that is absolutely right.

13 DR. KRUCOFF: So for a data set dominated by
14 VO₂, and this is just to my point that modeling the
15 predictive information content of a surrogate marker
16 for clinical outcomes that are our real objective is
17 a very important piece of understanding how in a small
18 sort of device oriented trial environment we can or
19 may not want to use surrogate markers or functional
20 markers to achieve what intuitively clinically we
21 think we are doing which is making patients better.

22 But we have gone down this road many times

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1 in the history of our field in particular with
2 stopping points along the way like three-month
3 dominated functional evidence. We are actually in a
4 position where we can come to the wrong conclusion.

5 I agree completely. I think functional
6 measurements are not a surrogate for safety or
7 efficacy regarding outcome data. I think I agree
8 whole heartedly events, safety, and efficacy with
9 regard to outcomes are completely different from
10 functional assessments. They need to be absolutely
11 independent. We are looking at functional efficacy
12 and safety in this study, I think.

13 DR. SWAIN: Dr. Wittes.

14 DR. WITTES: Two quick questions. One is,
15 I know how hard it is to classify -- I don't know --
16 how to classify types of hospitalization. Do you have
17 any data on total hospitalization in the two groups?
18 I've been involved in several heart failure studies
19 where the total hospitalizations are actually more
20 dramatic than those that are --

21 DR. BOEHMER: John Boehmer. In terms of
22 total hospitalization, there were 115 in the CRT and

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1 100 in the no CRT for a total of 215. Again, the data
2 are different when looked at as time-to-first event.

3 DR. WITTES: So that means in large
4 proportion the hospitalizations were not for heart
5 failure. Isn't that surprising?

6 DR. BOEHMER: The hospitalizations were
7 approximately half, 96 out of 215.

8 DR. HIGGINBOTHAM: It could have been that
9 many of the hospitalizations were repeated
10 hospitalizations in the one patient, time to initial
11 hospitalization. Once you had a hospitalization, that
12 was counted as not being one of those fortunate people
13 who wasn't hospitalized which was the point of the
14 time to hospitalization.

15 In fact, I understand that there were
16 several patients that were admitted repeatedly for
17 non-heart failure. Of course, it's incidental.

18 DR. WITTES: Okay. So, again, this is an
19 issue of events versus patients.

20 The other issue, and I echo Warren's
21 frustration trying to figure out what is a patient and
22 what is an event. I calculate that there were 70

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1 patients in -- this is the all patient group -- 70
2 patients in the treated group who had at least one of
3 the events, the primary events, and 85 in the control
4 group. Is that right?

5 Also, what were the numbers in the advance
6 heart failure group?

7 DR. BOEHMER: Can we come back to you in a
8 moment?

9 DR. WITTES: Sure.

10 DR. SWAIN: Okay. Dr. Aziz.

11 DR. AZIZ: This is a theological question
12 that might sort of occur in the future. In patients
13 in whom one of these devices is placed biventricular
14 pacing and they continue to do bad, would you then
15 switch off this biventricular pacing in that
16 theoretical patient?

17 DR. BOEHMER: John Boehmer. That's a great
18 question. We have, I believe, only one patient that
19 has gone on to require an assist pump but we left his
20 pacing on in that situation since we wanted great
21 support for right heart support. The ventricular
22 leads are tied together. We didn't see any

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1 complication with doing that either.

2 DR. AZIZ: Thanks.

3 DR. SWAIN: Dr. Kaptchuk.

4 DR. KAPTCHUK: I have nothing further to
5 ask.

6 DR. SWAIN: Mr. Morton, any questions?

7 MR. MORTON: No questions.

8 DR. SWAIN: Mr. Dacey?

9 MR. DACEY: No questions.

10 DR. SWAIN: Okay. I guess we'll wait here
11 for a couple minutes. The game plan will be -- are
12 there any other members that have questions?

13 Dr. Pina.

14 MS. PINA: Dr. Aziz's point just brought me
15 to think that many of these centers were, in fact,
16 transplant centers that were doing this trial. Some
17 of these patients by VO₂ criteria and certainly by
18 their six-minute walk alone would qualify for
19 transplantation. Were these patients not candidates
20 for transplantation? Being listed was one of your
21 exclusion criteria, I believe.

22 DR. BOEHMER: John Boehmer. It was an

1 exclusion for anticipated within the time frame of the
2 trial but not an absolute exclusion criteria.

3 MS. PINA: So do you have a number of how
4 many of these patients were actually listed for
5 transplant?

6 DR. BOEHMER: No, I do not.

7 MS. PINA: Were any of them on inotropes?
8 I know there was also an exclusion for inotropes but,
9 if they were listed, do you have any idea if they were
10 1Bs sitting at home?

11 DR. BOEHMER: John Boehmer again. I do not
12 believe any patient was on intravenous inotropes at
13 the time of enrollment in the study. Many patients
14 required intravenous inotropes through the course of
15 the study. On personal experience we did have some
16 that went on to transplantation eventually. I don't
17 believe any in the context of the six-month control
18 period.

19 DR. SWAIN: Dr. Laskey, do you have a
20 question?

21 DR. LASKEY: What happened to the poor soles
22 who went to the lab to have the implant but for some

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1 reason or another it was not a successful implant?
2 Were they followed? There were 60 or 70 odd folks
3 with the intent of implant. How did you follow them
4 or did you?

5 MR. YONG: This is Patrick Yong. We
6 followed them for 30 days after the implant to make
7 sure there were no residual events visible from the
8 procedure. Those patients did go on to get a standard
9 commercially available ICD.

10 DR. LASKEY: Okay. But followed only to 30
11 days?

12 MR. YONG: Correct.

13 DR. SWAIN: Any other questions by panel
14 members?

15 Do you have that answer yet for Dr. Wittes
16 or as close as you can approximate it?

17 DR. BOEHMER: In terms of the total
18 population, patients not experiencing a primary event
19 -- I don't know if this is during the control period
20 or total period. I think this may be total -- is 175
21 patients who were vent free in the CRT arm and 161 in
22 the no-CRT. 71 percent versus 65 percent.

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1 DR. WITTES: Those are the ones I figured
2 out. The advance heart failure patients.

3 DR. SWAIN: Okay. That's fine then. What
4 we need to do now is go through the FDA questions and
5 ask our panel members to have comments on the
6 questions.

7 The first question is to deal with safety.
8 Are there any panel members here who think there is a
9 safety issue either with the leads, the system,
10 generators, or whatever?

11 If you want to put the questions up, that's
12 fine. The panel members have them in front of us.

13 Okay, Mike.

14 DR. DOMANSKI: I suspect that if you go to
15 implant these coronary sinus leads that the system is
16 safe for what they are doing. I think that one would
17 want to have an indication to do it, though. I think
18 there is a risk but I don't think that risk -- I don't
19 have any reason to believe that risk exceeds any other
20 system where you put in coronary sinus leads. I think
21 it's safe in the FDA sense of it.

22 DR. SWAIN: Okay. And were there any other

1 questions or does anyone else think that the adverse
2 events or serious adverse events were a problem with
3 these groups -- this group of patients? I think
4 that's a no. Okay.

5 Does the FDA or the sponsors have any
6 comments about the safety issues we need to address?

7 Okay. Next will be the effectiveness.
8 Question No. 2. You can read up there about the
9 effectiveness. I think we've had a great deal of
10 discussion about the clinical relevance of the
11 endpoints for this patient population.

12 The panel members would like someone to
13 comment on 2A about the clinical relevance. We're
14 heard a lot about statistical relevance and we've
15 heard a fair amount about clinical relevance.

16 DR. KRUCOFF: I think it's a reasonable
17 endpoint. I mean, I don't have a major problem with
18 that.

19 DR. SWAIN: And the study was designed for
20 six months and is this reasonable? Does anyone think
21 that we should be requiring a longer than six-month
22 follow-up?

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1 DR. DOMANSKI: You know, I think
2 particularly in our heart failure population that
3 potentially unfortunately the use of the therapy in
4 almost everyone beyond six months may make it harder
5 to understand the benefit picture. So whether require
6 is the right word, I actually think that longer-term
7 follow-up would potentially be a way of better
8 understanding the beneficial effect of the therapy if
9 everybody didn't get the therapy.

10 I think there is room, though, depending on
11 the application for using six months. I mean, if the
12 people's exercise tolerance really was a lot better
13 six months later, that would be a pretty useful
14 finding so I would still wonder about long-term
15 morbidity/mortality. I think you have to look at the
16 individual application.

17 Here if the exercise had been -- you know,
18 if all the quality of life stuff had been a lot better
19 at six months, I think things would be different.

20 DR. SWAIN: I agree with you that six months
21 in a heart failure study may well be a reasonable
22 endpoint. Of course, if it didn't show significance,

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1 then longer would of course be better but I think six
2 months from my view.

3 Dr. Laskey, you had a comment about that?

4 DR. LASKEY: No. I just disagree. I think
5 one needs to look at these events over a year,
6 particularly when you have control groups to balance
7 them against.

8 DR. SWAIN: Any other comments about the six
9 months?

10 DR. AZIZ: I think a year would be a better
11 time period.

12 DR. KAPTCHUK: I take it --

13 MR. DILLARD: Actually, one question
14 differentiation. Jim Dillard. Could potentially
15 those who believe that a year is a much better time
16 point, is there any differentiation in their
17 particular thought process about whether or not six
18 months is adequate in order to make some sort of
19 premarket decision versus another six months for
20 longer-term follow-up for post-market, or are you
21 making the differentiation that you think a year is
22 necessary in order to judge the pre-market safety and

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1 effectiveness?

2 DR. SWAIN: Dr. Laskey.

3 DR. LASKEY: Thanks, Jim. Well, I don't
4 think it's fair to nail these people. I think it's a
5 generic issue that we've not addressed. We need to
6 address it. I think whether we need to go forth from
7 this point on with six months more data as an
8 additional qualification, I guess we'll get to that
9 shortly.

10 I just have a personal bias that for this
11 composite endpoint and these types of patients seeing
12 what happens between six months and a year often
13 surprises people. Curves diverge. They don't always
14 track together. I just think a year is important but
15 I don't know whether we should penalize the work in
16 front of us for what is admittedly a subject for a lot
17 of discussion.

18 DR. SWAIN: Any other comments about the
19 year?

20 DR. HAIGNEY: Yes. I think I agree with
21 that. I think the 12-month data is going to be useful
22 for clinicians figuring out where a therapy like this

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1 would fit in the armamentarium. I think six-month
2 data is relevant but that shouldn't preclude doing
3 further studies in addition.

4 DR. LASKEY: Yes. I mean, there's a lot of
5 work that went into this. There's a lot of analyses
6 that come down to not enough endpoints in a year.
7 Well, you get your end up and, therefore, you are more
8 likely to see something.

9 DR. SWAIN: Okay. 2(c) is about the
10 subgroup that was broken out to Class III and IV. I
11 think we have taken care of the safety issue. Is
12 there a comment about whether these data have shown
13 effectiveness for this device in the Class III to IV
14 considering the statistical opinions of our FDA and
15 panel statistical?

16 Dr. Domanski?

17 DR. DOMANSKI: No. No. I just don't think
18 that kind of post-doc analysis is standing alone as
19 the basis for doing anything but designing a study.

20 DR. SWAIN: Comments?

21 Dr. Aziz?

22 DR. AZIZ: No.

1 DR. SWAIN: I agree with that issue. Any
2 others? Is there anybody who disagrees with that on
3 this panel? Okay. No disagreement.

4 Question No. 3: The control group saw
5 improvements in their functional status and quality of
6 life, six-minute walk functional. Comment on the
7 improvement in the control group versus the treatment
8 group in this group. Then how does this complicate
9 our analysis.

10 DR. WITTES: I think that is why you do a
11 randomized study. I mean, I think that's what you
12 expect and the relative comparison is prima 2.

13 DR. DOMANSKI: Also, there is a feeling that
14 people in clinical trials do tend to do better. They
15 are getting very close follow-up, for instance, in
16 this study from people who really know what they're
17 doing with heart failure, a very experienced clinical
18 group. I suspect that is part of what you're saying,
19 just good medical care.

20 DR. SWAIN: Hopefully the HMOs will
21 understand the concept that actually medical care
22 helps patients. I think that's the result.

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1 DR. KRUCOFF: I do think there is one
2 reality, though, that when encountering that while it
3 is true that's why you do randomized clinical trials,
4 encountering a lower event rate in the control
5 population than was originally anticipated may simply
6 mean that a study of a very important new therapy is
7 underpowered relative to that event rate.

8 The potential then to take a lot of work and
9 potentially important new therapy and ignore it is
10 unfortunately the down side of encountering this. I
11 would certainly think in terms of where to go from
12 this point that understanding the influence of a lower
13 event rate than anticipated in the control population
14 for a therapy that, for instance, reduces the primary
15 endpoints instance by 23 percent on an absolute basis
16 does have at least an area of how to think about where
17 to go from here.

18 DR. SWAIN: Good point.

19 Any other comments relating to that? Yes.

20 MS. PINA: I think this really highlights
21 the difficulty with this population that can be Class
22 III today and you diurese them, better medicate them,

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1 and they become Class II.

2 The decision that you make at one point may
3 not be the decision that you are going to make on the
4 same patient a month later or two months later. I
5 think that the fact that these patients were probably
6 better medicated has a lot to do with it. I don't
7 think it's just entering into the trial. I think it's
8 the fact that more aggressive therapy was applied.

9 Which again leads me to think that I don't
10 quite know where to fit this. That is one of my
11 biggest concerns is how it fits with everything else
12 that we are doing. We've made great strides in
13 reducing mortality in this population. I wonder how
14 much more can we do.

15 DR. SWAIN: I think that is a lesson learned
16 from study design of waiting a month versus immediate
17 turn on. The risk is higher of changes occurring.

18 Any other comments regarding that?

19 Next is comment on the clinical relevance of
20 this control group finding has on the effectiveness of
21 cardiac resynchronization therapy in this study. Does
22 anyone have any further comments? It makes the data

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1 more difficult to analyze certainly.

2 Mike?

3 DR. DOMANSKI: I think we've already
4 discussed it.

5 DR. SWAIN: Beat that one to death? Okay.
6 No. 4, whether the data in the PMA provide reasonable
7 assurance of effectiveness for this device in the
8 patient population study. I think you've answered
9 that but you may want to answer that one again.

10 DR. DOMANSKI: I guess you can discuss it
11 when there is a motion.

12 DR. SWAIN: Okay. We'll wait for a motion
13 on that one. That seems to be the final thing.

14 And question No. 5 is labeling. Are there
15 questions about labeling? We have three subquestions
16 in this. I have one question about labeling. If we
17 have actually showed that it certainly doesn't help
18 Classes I and II, is it a contraindication -- should
19 it not be a contraindication for listing Class I or
20 II? That's the question I have.

21 DR. DOMANSKI: I think it's difficult to
22 talk about. If, in fact, the hypothesis were true,

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1 the labeling is probably reasonable. The issue is
2 whether or not they really demonstrated that those
3 were indications for it. I'm not sure. It's hard to
4 see the relevance of this question frankly.

5 DR. SWAIN: Okay.

6 MR. DILLARD: Jim Dillard. I might make a
7 comment on the contraindication. Generally FDA looks
8 at contraindications as being supported by negative
9 data or data which otherwise would cause some sort of
10 adverse event that should drive a contraindication.
11 Generally those patient populations that it would not
12 be intended for don't necessarily need to be
13 contraindicated. The converse of that is they are not
14 indicated for the patient populations.

15 DR. SWAIN: Right. Okay. Training
16 programs. Does anybody else have more comments on the
17 training program? Okay. No. 7. I think No. 7 we'll
18 talk about a little later.

19 The next point is that we'll ask the sponsor
20 if they have any other additional comments or
21 questions before we get to a discussion question.

22 MR. DeVRIES: No, we don't.

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1 DR. SWAIN: Okay. Does the FDA have any
2 additional questions or comments?

3 MR. DILLARD: No, not at this time. Thank
4 you.

5 DR. SWAIN: Do you all have anymore? Okay.

6 Let's see. Now we have a discussion section
7 which may be a little bit shorter. Usually we ask
8 everybody to go back and other seats but there are no
9 other seats so you can just move your microphones out
10 and we need to have an open discussion among the panel
11 members of any comments.

12 I believe, Mr. Dacey, you mentioned you were
13 going to have another comment during the discussion
14 section?

15 MR. DACEY: I always just get a little
16 worried when I see patient information in the form of
17 a 42-page booklet to be given to the patient. The
18 demographics are changing so rapidly out there and the
19 opportunities for communication are changing so
20 rapidly. I just hope that the applicant will consider
21 some of the options, websites, and so forth, for
22 instructions.

1 Also the fact that in the demographics there
2 are people who really can't capture this information
3 without one on one training and somehow this be
4 conveyed to the panel at some point that this is being
5 done because I think the patient is often overlooked
6 except as to what is required as far as putting the
7 words on paper. That basically is it.

8 DR. SWAIN: Okay. Other further comments
9 before the vote by panel members and before any
10 motions?

11 I guess the one comments I have from doing
12 this for a great number of years is that this is
13 predicated on prospective studies and statistical
14 analysis. I have actually had the experience of
15 having patient testimonials brought in some devices
16 and compliment the company on bringing this
17 statistical data to be judged.

18 Right now we have an open public hearing
19 part. Is there anybody in the audience that wishes to
20 make any comments or any additional questions? Not
21 seeing any, we'll close the open public meeting part
22 and we'll have our Executive Secretary read the voting

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1 options.

2 MS. MOYNAHAN: The medical device amendments
3 to the federal Food, Drug, and Cosmetic Act as amended
4 by the Safe Medical Devices Act of 1990 allows the FDA
5 to obtain a recommendation from an expert advisory
6 panel on designated medical device premarket approval
7 applications that are filed with the agency.

8 The PMA must stand on its own merits and
9 your recommendation must be supported by the safety
10 and effectiveness data in the application or by
11 applicable publicly available information. Safety is
12 defined in the Act as reasonable assurance based on
13 valid scientific evidence that the probable benefits
14 to health under conditions on intended use outweigh
15 any probable risks.

16 Effectiveness is defined as reasonable
17 assurance that in a significant portion of the
18 population the use of the device for its intended use
19 as conditions of use when labeled will provide
20 clinically significant results.

21 Your recommendation options for the vote are
22 as follows:

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1 (1) Approval if there are no conditions
2 attached.

3 (2) Approvable with conditions. The panel
4 may recommend that the PMA be found approvable subject
5 to specified conditions such as physician or patient
6 education, labeling changes, or further analysis of
7 existing data. Prior to voting all of the conditions
8 should be discussed by the panel.

9 (3) Not approvable. The panel may recommend
10 that the PMA is not approvable if the data do not
11 provide a reasonable assurance that the device is safe
12 or if a reasonable assurance has not been given that
13 the device is effective under the conditions of use
14 prescribed, recommended, or suggested in the proposed
15 labeling.

16 Following the voting the chair will ask each
17 panel member to present a brief statement outlining
18 the reasons for their vote.

19 DR. SWAIN: All right. Do we have a motion?
20 Dr. Domanski.

21 DR. DOMANSKI: Yeah. I'm going to make a
22 motion and then support it and then hopefully let

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1 somebody second it. I'm going to move that it not be
2 approved. My rationale for it is this. I think,
3 first of all, it is conceivable based on these data
4 that resynchronization simply doesn't work.

5 If you assume that it does -- just assume it
6 does. There are a lot of data out and literature.
7 Then the question is why does the study show what it
8 shows and I think there are two possibilities. One is
9 that the device doesn't work.

10 The other possibility is that
11 resynchronization works and the device works but the
12 study didn't show it. I think that is quite possible.
13 In any event, I don't think that the study as it sits
14 provides reasonable assurance that whether
15 resynchronization is a good technique or not, that
16 this device actually provides clinical benefit for
17 whatever reason. That is the rationale.

18 DR. SWAIN: Do we have a second for the
19 motion on the table?

20 DR. KRUCOFF: Second.

21 DR. SWAIN: Okay. The motion has been made
22 and seconded. Is there any discussion among the panel

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1 members? Any further discussion before the vote?

2 DR. HAIGNEY: Yeah. I guess I don't agree.
3 I think that taken in the totality of the data that is
4 published, I think that this is most likely an
5 effective therapy for patients with advanced heart
6 failure.

7 I would think that we would change the
8 labeling and I would want to see further study. I
9 think that is my -- I believe that there are a couple
10 of reasons why this study didn't come to a positive
11 finding.

12 One, I think the primary endpoints are
13 probably unrealistic. Putting defibrillators in both
14 groups of patients you're not going to see a mortality
15 benefit at six months. I think that the original
16 intention of the study to look at functional variables
17 I think is reasonable thing for this population who
18 are generally desperately symptomatic.

19 I think if this study had the benefit of
20 some of the other published studies when it was being
21 formed, that they wouldn't have included Class II
22 patients. I realize that the PMA as it stands did not

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1 satisfy the primary endpoints. I guess my feeling is
2 that there is enough data out there taken with the
3 functional data from this that there would be enough
4 for approval with modifications.

5 DR. SWAIN: Is there any further discussion
6 of the motion that is on the table for not approval?
7 No further discussion, then I'll call for a vote. All
8 in favor of the motion for not approval, please raise
9 your hands.

10 MS. MOYNAHAN: That's six.

11 DR. SWAIN: And those who are against the
12 motion, vote no for the proposal for not approval,
13 raise your hands.

14 MS. MOYNAHAN: That's two.

15 DR. SWAIN: Six to two. I don't vote. The
16 motion is passed for not approval. Now I would like
17 to ask each person to state why you voted as you
18 voted.

19 DR. SWAIN: Oh, and how to bring it to an
20 approvable point. Mike.

21 DR. DOMANSKI: Well, I don't actually think
22 it would be very hard to study this in a clinical

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1 trial. I mean, I think if I were designing this
2 thing, I would design it from the get-go with a
3 reasonable power and a longer follow-up if I were
4 trying to do it.

5 I mean, you had an average four-month
6 follow-up, I think. That was actually the average in
7 the end. Wasn't it? Four and a half? That strikes
8 me as awfully short. If I were designing a trial like
9 this, I would be looking for perhaps a one or two-year
10 follow-up.

11 I think it is very reasonable to use -- I
12 would certainly look at mortality but I'm not sure you
13 really even have to power it on that.

14 I think it is very reasonable to look at functional
15 stuff because if you improve how they feel,
16 and I think you could probably show that given the
17 data that really are out in the literature, that would
18 be reasonable rather than mortality trial. I suspect
19 you would probably show it unless there is something
20 that we don't understand about this device.

21 DR. SWAIN: Dr. Laskey.

22 DR. LASKEY: I think that the vendors

1 demonstrated safety. We don't need to belabor the
2 efficacy endpoint. I think that perhaps the next time
3 around go for the highest risk group, the Willie
4 Sutton law, and use a composite endpoint such as
5 suggested by Dr. Packer recently with a lot of
6 creative approach to statistical modeling and
7 statistical analysis.

8 I think it is fair to say, Ron, the
9 threshold of a new era in terms of using devices for
10 heart failure and how to choose appropriate endpoints
11 and so forth, I think we need to give ourselves as
12 wide a margin to look at these outcomes rather than a
13 very narrow margin. Again, I make a strong plea to
14 the FDA to look for longer rather than shorter
15 intervals of analysis.

16 DR. SWAIN: Dr. Pina.

17 MS. PINA: I'll echo what the previous two
18 individuals have said. I would really hone in on that
19 sick population and as best possible have them on some
20 kind of stable medical therapy for, I don't know what
21 is the right time, two or three months.

22 I'm not sure if you can keep them that

1 stable. Hone in on that six group because my sense is
2 that is the sick group that is going to benefit and
3 try to find it's pigeon hole into where it fits with
4 everything else that we're doing with this population.

5 DR. SWAIN: Dr. Haigney, do you have any
6 other comments?

7 DR. HAIGNEY: Well, I think it's going to be
8 a difficult study if patients have to be -- if we have
9 to hold off on therapy for two to three months to
10 optimize medical therapy. I think they have to get
11 the defibrillator in once you have an indication so
12 the design of the study has got to allow for that.
13 You can't hold off on putting a defibrillator in if
14 somebody has had sudden death. Anyway, I think I've
15 expressed my --

16 DR. SWAIN: Okay. Dr. Krucoff.

17 DR. KRUCOFF: I would strongly urge this
18 work not to start over but to continue and build on
19 what's there including the use of the post-hoc for
20 analysis for what is best for it. Building on
21 hypothesize.

22 You now have a chronically instrumented

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1 population in whom with a non-invasive approach you
2 could in a randomized trial design turn this off. You
3 have the ability to literally demonstrate Cox
4 principles and I would strongly -- I think that would
5 be the quickest way to really find out whether what I
6 think you've heard across the panel is an ambivalence
7 to say no to bring this device to market because of
8 the intuitive sense that something good probably is
9 happening here.

10 It won't come to market without the data and
11 that is because we know like with inotropes that if
12 you improve VO_2 and everything intuitively is going
13 right at three months, there may still be more people
14 dead than helped at the end of a year. I think you
15 have the opportunity not to start over.

16 I would strongly urge you to think about
17 taking your therapy which is in hundreds of human
18 beings who are now well classifiable for their heart
19 failure status and a wise statistical approach to
20 evolving a new perspective hypothesis, rerandomize
21 them, and turn this not clearly effective therapy off
22 and measure functionally and quality of life endpoints

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1 and outcome endpoints and continue and build on the
2 work you've done so that we can get the real answer
3 about the device and its influence on these people.

4 DR. SWAIN: Dr. Wittes.

5 DR. WITTES: It think that is a great idea.
6 The only thing that I am uncomfortable with is I don't
7 see evidence that it doesn't work in Class II. Before
8 you throw away Class II I think you need to look very
9 carefully at these data. We never saw the group that
10 wasn't advanced III/IV. I think that you need to look
11 at the data again and you need to do the kinds of
12 studies that the others are talking about.

13 DR. SWAIN: Dr. Aziz.

14 DR. AZIZ: I would like to make two
15 comments. I do hope that further data is collected.
16 My gut feeling is there would be some benefit so I
17 think I would hope data would be presented in the
18 future that really strengthens the application.

19 DR. SWAIN: Dr. Kaptchuk.

20 DR. KAPTCHUK: I thought the presentation of
21 the sponsors was really very good. I suspect
22 personally that there's a lot of efficacy here but I

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1 think you need a little bit more compelling data in
2 order to put it on the market.

3 DR. SWAIN: Mr. Morton, do you have any
4 further comments?

5 MR. MORTON: Just that I would encourage the
6 agency to hold the requirement to a six-month follow-
7 up. We've heard requests for longer follow-up, I
8 think, with that cohortant patient population we are
9 going to find lots of patients well in excess of 12
10 months.

11 And, Jim, as you suggested, perhaps look at
12 a post-market study to get more information.

13 DR. SWAIN: Okay. Ms. Moynahan is going to
14 read through how the panel members voted.

15 MS. MOYNAHAN: I hope I got all of these
16 right. I was counting hands before but I think I
17 captured this correctly.

18 Dr. Domanski voted not approvable. Dr.
19 Laskey voted not approvable. Dr. Pina voted not
20 approvable. Dr. Haigney disagreed with the main
21 motion and I'm assuming that would mean approvable.

22 DR. HAIGNEY: Yes, approvable with

1 modifications.

2 MS. MOYNAHAN: With modifications. Dr.
3 Krucoff voted not approvable. Dr. Wittes voted not
4 approvable. Dr. Aziz, you voted approvable with
5 conditions. Dr. Kaptchuk voted not approvable. Is
6 that correct?

7 DR. SWAIN: All right. We stand adjourned.
8 Be back at 1:30.

9 (Whereupon, at 12:39 p.m. off the record for
10 lunch to reconvene at 1:30 p.m.)

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A-F-T-E-R-N-O-O-N S-E-S-S-I-O-N

(1:33 p.m.)

DR. SWAIN: Let's get ready to reconvene.

I would like to call the session this afternoon to order. This afternoon's topic is the Medtronic InSync Atrial Synchronous Biventricular Pacing Device and Attain Lead System for the treatment of congestive heart failure.

As far as the open public hearing, there were no requests to speak. Is there anyone in the audience who wishes at this time to address the topic of this afternoon's panel?

Seeing no one that wishes to speak, we'll close the open public hearing.

Executive Secretary, Ms. Moynahan, has comments.

MS. MOYNAHAN: Just to remind the speakers to introduce themselves and to state your conflict of interest.

DR. SWAIN: And for each speaker the conflict of interest is whether you are employed, own stock, or own part of a company, or you are an

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1 investigator who is compensated for time.

2 We are going to start with the sponsor's
3 presentation for the next hour or so.

4 DR. STANTON: Thank you. I'm Dr. Marshall
5 Stanton. I'm the medical director for Medtronic
6 Cardiac Rhythm Management Business. I'm an employee
7 of Medtronic and a shareholder.

8 It's my pleasure to lead off the
9 presentation of the Medtronic InSync System today. In
10 attendance today are our principal investigator, Dr.
11 Bill Abraham along with Dr. Anne Curtis, Dr. David
12 Hayes, Mr. Milton Packer who will all be available for
13 your questions.

14 In addition to that we have a number of
15 people representing Medtronic who represent a cross-
16 functional representation of people involved in the
17 clinical trial and/or the development of the InSync
18 System.

19 After my brief introduction, Dr. Abraham
20 will present the design and methodology of the InSync
21 study. This will be followed by Dr. Anne Curtis'
22 presentation on the safety results. Then Dr. Bill

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1 Abraham will conclude with the efficacy results and a
2 conclusion.

3 Over a third of moderate to severe heart
4 failure patients, those in New York Heart Association
5 Functional Classes III or IV have ventricular
6 dysynchrony as evidenced by QRS duration \geq 130
7 milliseconds.

8 These patients have associated limited
9 exercise tolerance, impaired quality of life and
10 functional capacity and core left ventricular systolic
11 function.

12 Despite important therapeutic advances with
13 ACE inhibitors or angiotensin-II receptor blockers,
14 beta-blockers, and spironolactone, patient well-being
15 and exercise tolerance remain impaired.

16 Cardiac resynchronization therapy via atrial
17 synchronize biventricular pacing has been proposed as
18 a treatment for moderate to severe heart failure
19 patients with ventricular dysynchrony.

20 The system under discussion today is the
21 InSync System which is comprised of the InSync Model
22 8040 implantable pulse generator which has one atrial

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1 port and two ventricular ports which supply
2 simultaneous biventricular pacing. The device is
3 programmed via the standard Medtronic Programmer, the
4 9790, utilizing the 9980 software for this device.

5 The leads are the Attain LV Model 2187 which
6 is a transvenous, stylet and catheter delivered lead
7 which is unipolar. Also the Attain CS Model 2188
8 which is transvenous, stylet delivered and bipolar.

9 Let me point out that the Attain CS Model
10 2188 lead is already approved and marketed in the
11 United States for the coronary sinus application and
12 we are seeking an expanded indication for that lead
13 today.

14 Human use of the InSync System began in
15 August of 1997 with the first implantation of the
16 system outside of the United States. The InSync
17 System was used as part of the MUSTIC study which
18 began in March of 1998.

19 The MUSTIC study, as you may know, was a
20 randomized crossover trial of cardiac
21 resynchronization therapy for heart failure. These
22 results, the MUSTIC results, were presented in May of

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1 2000 and were published in the New England Journal in
2 March of 2001.

3 The InSync study, which we will be
4 presenting today, began in November of 1998 and was a
5 randomized parallel study design.

6 With that, I will turn things over to the
7 principal investigator for the InSync study, Dr. Bill
8 Abraham.

9 DR. ABRAHAM: Thank you. Dr. Swain, panel
10 members, ladies and gentlemen, as mentioned, my name
11 is Bill Abraham. I am here in my capacity as overall
12 principal investigator for this InSync study and, as
13 such, my time has been compensated by the study
14 sponsor, Medtronic.

15 I would now like to review the study design
16 and methodology used in the InSync study. This
17 study's purpose is summarized on this slide. The
18 major purpose of the InSync study was to compare the
19 effect of cardiac resynchronization therapy versus no
20 cardiac resynchronization therapy on exercise
21 capacity, quality of life, and functional status in
22 patients with chronic heart failure and ventricular

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1 dysynchrony.

2 In addition, the study set out to also
3 assess the safety of CRT using the Medtronic InSync
4 System in patients with chronic heart failure.

5 The study population consisted of adult
6 patients with symptomatic heart failure who were
7 judged to be in New York Heart Association Functional
8 Class III or IV at baseline.

9 Patients were required to have a QRS
10 duration of at least 130 milliseconds left ventricular
11 systolic dysfunction with an LV ejection fraction of
12 ≤ 35 percent, at least mild left ventricular dilation
13 with an LV endiostolic dimension of at least 55
14 millimeters.

15 Very importantly, patients were required to
16 be on a stable and optimal drug regime prior to
17 randomization in this trial. This included an ACE
18 inhibitor or an ACE inhibitor substitute such as an
19 angiotensin receptor blocker if tolerated, as well as
20 other standard therapy such as diuretics and digoxin
21 and the requirement for these medications were a
22 period of stability of at least one month.

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1 In addition, if patients were prescribed a
2 beta-blocker and, as you will see subsequently, nearly
3 60 percent of the InSync study patients were receiving
4 a beta-blocker at the time of randomization, they were
5 required to be on a stable beta-blocker regime for at
6 least three months to minimize the confounding effects
7 of initiating beta-blockade around the time of
8 randomization or during the period of controlled
9 follow-up.

10 This slide takes you through globally the
11 study design for the InSync trial. Following that
12 prespecified period of medical stability, patients
13 underwent a baseline assessment. They then underwent
14 an attempt at implantation of the InSync System within
15 one week following this baseline assessment.

16 If the implant was successful, the patients
17 then underwent pre-discharge randomization. This
18 occurred within three days of successful implantation
19 and they were randomized to either the control arm or
20 the active therapy cardiac resynchronization therapy
21 arm, then undergoing follow-up at one, three, and six
22 months with six months comprising the end of study

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1 assessment or assessment for primary endpoints of
2 safety and efficacy.

3 Patients who are randomized to the control
4 arm of this study were then allowed to crossover and,
5 in fact, all did to active cardiac resynchronization
6 therapy and these patients have remained in long-term
7 follow-up with assessment every six months in an
8 ongoing fashion.

9 Now, let me mention that the control group
10 was programmed into a VDI 30 mode so that these
11 patients had atrial tracking but inhibition of
12 ventricular pacing. Unless the heart rate fell below
13 30 beats per minute, this ethically was provided as a
14 safety net for patients who might develop a
15 bradycardia pacing indication. The treatment arm was
16 randomized to a VDD mode which provided atrial
17 tracking and biventricular pacing.

18 In addition, I should mention that all of
19 the analyses that you will see this afternoon are
20 performed on an intention to treat basis. In
21 addition, all of the p-values and all of the
22 comparisons that are made are between group

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1 comparisons.

2 In addition, and as prespecified in the
3 protocol since the data was not normally distributed,
4 I'll present medians and the statistical tests that
5 were employed were non-parametric ones.

6 I would also like to mention to close this
7 discussion on this slide of study design that there
8 were some important secondary endpoints that I'll
9 mention in some detail in a moment, but that these
10 endpoints were assessed using core laboratories for
11 assessment of cardiopulmonary exercise performance,
12 echocardiography, and neurohormonal data.

13 Now, it is also important to note, I think,
14 in this context the nature of the blinding of this
15 study because one of the obvious questions regarding
16 such a device trial is how do you adequately blind
17 such a study.

18 The way that the InSync study was blinded is
19 reviewed on this slide. Importantly, this was a
20 double-blinded study in which the patient and the
21 managing heart failure physician were blinded to study
22 assignment.

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1 Patients were given study identification
2 cards. This identified the patient as an InSync study
3 patient so that they could present this card to their
4 primary physician, or if they ended up in an emergency
5 room to minimize the risk that another physician might
6 unblind the patient.

7 The heart failure staff was blinded and, in
8 fact, this was carefully documented on a study
9 blinding log. They were blinded to
10 electrocardiograms, rhythm strips or any other pieces
11 of information that might result in unblinding and
12 this blinded heart failure staff conducted important
13 assessments such as quality of life, six-minute hall
14 walk, and global assessments.

15 There was also a blinded events
16 classification committee that adjudicated the nature
17 of mortality and reviewed all instances of
18 complications or observations that occurred in this
19 study.

20 Now, the way this blind could be maintained
21 while also maintaining the high standard of patient
22 care was to have an unblinded third party. The

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1 unblinded third party was the electrophysiology staff.
2 The electrophysiology staff was also listed in the
3 study blinding log.

4 The electrophysiology staff served as an
5 unblinded party which could view electrocardiograms,
6 device implants, and other items related in particular
7 to the electrocardiogram items which might unblind the
8 managing physician. So in partnership the blind was
9 maintained through a relationship between the
10 electrophysiologist and the heart failure staff.

11 Finally, there was an independent safety
12 review board that reviewed unblinded data at intervals
13 to assure patient safety throughout the conduct of
14 this study.

15 Now, this slide -- I'm sorry. The green
16 column, at least from here, looks a little bit
17 difficult to read. Let me take you through this
18 carefully because this slide takes you through the
19 study phases for the InSync trial. It is important to
20 note the history unfolded for this study.

21 The initial study design for the InSync
22 trial was that of a three-month randomized double-

1 blind parallel controlled study. When we initiated
2 this study in November of 1998, we thought that a
3 three-month period of controlled evaluation might be
4 adequate to assess safety and efficacy.

5 In the spring of 1999 the FDA did signal
6 Medtronic that a six-month period of follow-up would
7 be preferred. Amendment 1, which went into effect in
8 July of 1999, changed the period of controlled follow-
9 up from three months to six months.

10 Then, finally after enrollment of a
11 prespecified number of patients to meet the
12 statistical power requirements for this study, the FDA
13 also permitted ongoing randomization into the InSync
14 trial in an expansion phase.

15 Let me expand on this a bit more. In the
16 original three-month phrase which enrolled patients
17 between November 1998 and June 1999, 84 patients were
18 enrolled. Now, the reason that the figure indicates
19 71 is that 13 of these patients were still in blinded
20 follow-up, were reconsented and elected to move into
21 the six-month study.

22 Of 84 patients enrolled in the original

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1 three-month study, 71 of these patients completed
2 study after three months of controlled evaluation and
3 13 patients moved in to the six-month period of
4 follow-up.

5 The number shown here 300 was based on a
6 requirement to get 224 patients to six-month follow-up
7 to meet the sample size calculation for the study. We
8 chose 300 as a target enrollment for this pivotal
9 phase presuming based on other device trials that the
10 attrition rate in this study might be as high as 25
11 percent.

12 As you will see, we were, in fact, wrong and
13 the attrition rate was substantially less representing
14 one of the strengths of this database and so the
15 original PMA that was submitted in March of this year
16 is submitted based on 266 patients which was required
17 to get at least 224 through six-month follow-up for
18 original submission of the PMA.

19 As you know, in May there was an update
20 submitted to the PMA which includes patients from this
21 expanded phase of study. Now, with this I would like
22 to mention that the first public presentation of the

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1 InSync trial was made at the American College of
2 Cardiology meeting this March.

3 The data presented at that meeting
4 represented the 266 patients from the six-month
5 pivotal phase of the InSync study and as presented
6 publicly in Orlando at that meeting all of the primary
7 endpoints and significant secondary endpoints were
8 reached in that pivotal cohort.

9 What I'll show you today is the supplement
10 to that PMA which also includes patients from the
11 expanded phase.

12 I'm going to take you through the numbers
13 carefully again because I don't want you to be
14 confused about which patients we're talking about and
15 about what happened to these patients; that is, the
16 disposition of patients in the study.

17 Before we look at that, let's look at the
18 endpoints or objectives of the trial. This slide
19 reviews the primary safety objectives of the InSync
20 study. They include implant success rate, freedom
21 from device, leads, and system-related complications
22 at six months, and a threshold or lead performance, LV

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1 lead performance as pacing voltage threshold at six
2 months.

3 Secondary safety objectives included patient
4 survival, complication events, and observation events.
5 The definition for complication events and observation
6 events will be reviewed for you shortly by Dr. Ann
7 Curtis.

8 The primary efficacy objectives of the
9 InSync trial were to compare the change from baseline
10 to six-month follow-up between the control group and
11 the treatment group for the following three endpoints.
12 Six-minute hall walk distance, quality of life using
13 the Minnesota Living with Heart Failure questionnaire,
14 and New York Heart Association classification. A
15 prespecified distribution of ELFA is shown on the
16 slide.

17 There was a requirement that all three
18 endpoints, if met, must be met at a $p \leq 0.05$. Or any
19 two of three endpoints could be met at a $p \leq 0.025$, or
20 any one could be met at p -value of ≤ 0.0167 .

21 The secondary efficacy objectives included
22 a variety of items that were designed to try to better

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1 understand not only the efficacy but also potential
2 mechanism of effective resynchronization therapy.

3 They included majors of metabolic exercise
4 evaluation during standard cardiopulmonary exercise
5 testing using a modified Naughton protocol and
6 echocardiographic evaluation to follow cardiac changes
7 and cardiac structure and function, assessment of
8 changes in QRS duration, neurohormonal evaluation,
9 assessment of health care utilization where the
10 predominate factor considered was total base
11 hospitalized through six months of study.

12 Then a clinical composite heart failure
13 response which is an all patients randomized endpoint
14 which has been used recently in a number of heart
15 failure clinical trials. We'll look at the details of
16 that composite response a little bit later.

17 Now let's take you through the numbers so
18 you see how many patients were enrolled and what
19 happened to them in this study. 579 patients were
20 enrolled in the InSync study. Of these 43 had
21 unsuccessful implants. Dr. Curtis will talk to you
22 about those unsuccessful implants and tell you why

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1 they occurred.

2 Thus, 536 patients underwent successful
3 implants. Of these 536 successful implants, only four
4 were not randomized in the study.

5 The reason for these patients not being
6 randomized was that two patients developed bradycardia
7 pacing indication between the time of implantation and
8 randomization and, thus, the device was turned on.

9 Two patients developed an unstable medical
10 condition precluding their randomization in the trial.
11 We are left with 532 patients who were successfully
12 implanted and ultimately randomized in this clinical
13 trial. 269 randomized into the control arm. 263
14 patients randomized into the active therapy arm of
15 this study.

16 Now, this is a relatively busy slide so let
17 me spend a few minutes here and take you through it
18 because I think one of the strengths of this database
19 is that there are really few study exits and the data
20 set is fairly complete. You need to understand what
21 the numbers are here so we now follow on from the
22 previous slide. 269 patients randomized to the

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1 control group and 263 patients randomized to active
2 cardiac resynchronization therapy.

3 Let's start with the control patients. Of
4 these 269, 43 patients were randomized in the original
5 or initial three-month phase of this study. Of these
6 five consented to be followed in the six-month amended
7 protocol so that 226 patients were randomized into the
8 six-month protocol.

9 An additional five patients from the initial
10 three-month protocol consented to be followed in the
11 six-month protocol which yields a total of 231 control
12 patients who comprise the six-month data set.

13 Similarly, in the resynchronization group
14 there were 263 patients who were randomized. 41 were
15 randomized into the initial three-month phase of the
16 study. Of these eight patients agreed to be followed
17 in the six-month protocol combined with the 222
18 patients randomized into the six-month protocol, there
19 were 230 active resynchronization patients available
20 for the six-month data set.

21 Now, let's look what happened to those
22 patients and we'll look ultimately at the number of

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1 patients that will be available for evaluation of
2 efficacy in this trial. As I'll reiterate in a few
3 moments, all of these patients were used for
4 assessment of safety.

5 Now, the first group that is not included in
6 the analysis shown today are patients who at the time
7 of closing, locking, and cleaning this data set for
8 preparation of the PMA and supplement were still in
9 double-blind following.

10 These are not patients that have been lost
11 to follow-up. There are not missing data points.
12 These are data points that were not available at the
13 time of closure of the database for presentation at
14 this meeting. 26 patients exited the study due to
15 mortality, 16 in the control group and 10 in the
16 resynchronization group.

17 One patient in the control group underwent
18 a heart transplant. Two patients, one in each group,
19 exited the study due to explanation of the device
20 which was related to infection. Finally, there were
21 nine patients who were not available for assessment
22 during their six-month window.

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1 This leaves assessable for efficacy 171
2 patients in the control group and 174 patients in the
3 resynchronization group. This will be the group of
4 patients that we will focus on in our discussion of
5 efficacy. Again, the discussion of safety will
6 include all patients.

7 Finally, I should mention that the number of
8 patients available among those assessable for efficacy
9 was quite high. Follow the Ns as we go through the
10 slide and you'll see that they are either identical to
11 or very closely approximate the numbers shown on this
12 slide.

13 Let's take a look at patient demographics.
14 I am going to review with you patient demographics for
15 this cohort of patients analyzed for efficacy. You
16 should know that if one looks at the entire cohort,
17 the numbers are identical.

18 Starting at the top, you'll see that this is
19 a fairly typical group of patients with moderate to
20 severe heart failure. On average they are about 65
21 years old. 31 percent of the InSync trial patients
22 are women. 90 percent are caucasian. About 91

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1 percent had Class III heart failure baseline. About
2 nine percent at Class IV.

3 The average cure restoration at baseline was
4 165 milliseconds. You'll see that the ventricular
5 function was quite poor. The average LV injection
6 fraction averaged 22 percent. The average LV
7 endodiastolic dimension about 69 millimeters.

8 Some additional patient demographic
9 information is presented on this slide. You'll see
10 that the etiology of heart failure was about evenly
11 split between ischemic and non-ischemic etiologies of
12 the disease.

13 At baseline the six-minute hall walk
14 distance averaged around 300 meters which is
15 compatible with a predominately Class III population
16 of patients. Data is presented on the slide for
17 baseline heart rate and blood pressure, but I would
18 like to focus your attention on the bottom three rows
19 of the slide which look at drug therapy confirming
20 that the study met its intended goal of having
21 patients treated with optimal background medicines at
22 the time of randomization.

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1 94 percent of patients were receiving a
2 diuretic. 93 percent of patients were receiving an
3 ACE inhibitor or angiotensin receptor blocker. Nearly
4 60 percent of these patients were on a stable beta-
5 blocker regime at the time of randomization in the
6 trial.

7 The next slide looks at stability of heart
8 failure medications in this trial. While certainly
9 treatment of the patient and the patient's heart
10 failure came first, we did ask investigators to try to
11 maintain drugs as constant as possible throughout the
12 six-month period of study.

13 What you will see here is that in both the
14 control group shown in white, as well as the
15 resynchronization group shown in yellow, that the
16 percent of patients who are either on or off these
17 medications at baseline changed very little during the
18 conduct of this study. In fact, more than 95 percent
19 of patients in both groups demonstrated stability of
20 this background medical regimen.

21 I would like to just summarize the
22 methodology for the InSync trial. As you have just

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1 seen, heart failure medication stability was
2 maintained. Changes were not common and were balanced
3 between the groups.

4 In terms of safety data, the presentation of
5 primary safety data that will follow by Dr. Curtis
6 includes all implanted patients. That is that N of
7 536. The comparative results for safety; that is, the
8 comparison between the control and the CRT arms by
9 definition includes all randomized patients and
10 recalled that the N here is 532.

11 In regard to efficacy data, comparative
12 results includes all randomized patients that had
13 completed six-month follow-up at the time that this
14 PMA submission was prepared. Please recall that the
15 analysis is performed on an intention to treat basis.

16 With that I would now like to introduce Dr.
17 Anne Curtis from the University of Florida who will
18 review the primary safety results of the InSync trial.

19 DR. CURTIS: Thank you. Dr. Swain, members
20 of the panel, my name is Anne Curtis. I am a cardiac
21 electrophysiologist at the University of Florida. I
22 was a site principal investigator for the InSync

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1 system and a member of the clinical events committee.

2 I do speaking engagements for Medtronic and
3 my time and expenses for attending this meeting are
4 being reimbursed. My job now will be to present the
5 primary safety results for the InSync study.

6 As Dr. Abraham mentioned previously, the key
7 components of safety for the trial were, No. 1,
8 implant success. Secondly, freedom from complications
9 related to either the generator, the lead system, or
10 the system in total, as well as pacing voltage
11 threshold out at six months.

12 I want to review definitions that were used
13 throughout the study as to complication and
14 observation. The definition used in the panel pack
15 for a complication was an adverse event that is
16 resolved invasively or which results in the death of
17 or serious injury to the patient or in the termination
18 of a significant device function. I would like to add
19 this also includes the use of intravenous medications
20 of any kind.

21 An observation is an adverse event that is
22 resolved by non-invasive means or resolved

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1 spontaneously. A system related complication is a
2 device related complication that occurs after the
3 initially implanted functioning system comprised of
4 the Model 8040 InSync generator, a Model 2187 or 2188
5 lead, as well as the right atrial and right
6 ventricular leads.

7 I would like to add that these definitions
8 of complications and observations are fairly standard
9 and have been used in previous device trials.

10 This diagram here shows where the leads wind
11 up being placed schematically. What you have here is
12 a right atrial lead. There is a right ventricular
13 lead. Then in yellow is the left ventricular lead
14 coming in through the coronary sinus and into a
15 branch. You can see that branches of the coronary
16 science are labeled here. Lateral, postero-lateral,
17 anterior great cardiac vein, posterior cardiac vein,
18 and middle cardiac vein.

19 The number of branches, the size, and how
20 many options you have for placing a lead in an
21 individual patient is entirely dependent on their
22 anatomy. It would be very unusual to have a patient

1 who had all these options at once.

2 Generally speaking you have two or three
3 places that you know that you can aim to put the lead
4 in. The goal of implantation in general was to try to
5 get a lateral position to try to get separation as
6 much as possible between the left ventricular and
7 right ventricular leads.

8 What you are going to see now is a video of
9 the implant process. What will be coming up first,
10 this is the guide catheter, two different curves that
11 was available that accesses the coronary sinus.

12 Here is the guide catheter being placed into
13 an introducer. From there the guide catheter is
14 placed in the right atria and then into the coronary
15 sinus.

16 Here through the guide catheter is placed a
17 balloon tip catheter. The balloon is inflated and
18 then contrast is injected to illuminate the branches
19 of the coronary sinus. From there we pick our
20 targets.

21 What you will see next is the lead itself.
22 The lead with the stylet pulled back has a curve on

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1 the end of it. As you advance the stylet it
2 straightens out the tip. By pulling the stylet back
3 and advancing it, you can change the curve on the end
4 to help you get into the branch of the coronary sinus.

5 Here is the lead being placed through the
6 guide catheter, the stylet being advanced, and then
7 the lead as it's placed into the coronary sinus and
8 then a branch. This is in the approximate location of
9 one of the branches of the coronary science.

10 Then finally another view showing all three
11 leads in place in the patient.

12 This is the InSync generator. It has three
13 ports to it. The bottom two ports are for placing the
14 left ventricular and right ventricular leads. The top
15 port is for placement of the right atrial lead.

16 Now I'll review the primary safety
17 objectives. The first one was implant success result.
18 The predetermined performance objective was that we
19 would have at least 80 percent successful implants.
20 The observed rate in the trial was 536 successes out
21 of 579 attempts. The overall success rate was 93
22 percent.

1 The lower limit of a two-sided 95 percent
2 confidence interval was 90 percent and so the implant
3 success objective was met in the trial.

4 I review here the reasons for unsuccessful
5 implants. The major reasons included inability to
6 access a coronary vein or to obtain a distal location
7 or dislodgement or an unstable location of the left
8 ventricular lead. Other reasons included elevated
9 pacing threshold, cardiac vessels being too small, or
10 phrenic nerve stimulation.

11 These really are the primary reasons that we
12 run into trouble. Some patients it's difficult to
13 access the coronary sinus with the guide catheter.
14 Sometimes you get in there and you can't get the lead
15 manipulated out. In the overwhelming majority of
16 patients, it is possible to get a stable location that
17 will stay as we showed.

18 Here we review the implant dissection and
19 perforation events. I want to call your attention
20 first to the column on observations. Remember that I
21 said that observations are something that you see,
22 that you observe, but that requires no invasive

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1 intervention. There were 19 instances of coronary
2 sinus dissections and 10 cardiac vein or CS
3 perforations.

4 What we mean by this in general there would
5 be a blush. You put some contrast in and it stains.
6 You see it on fluoroscopy but there is no change in
7 hemodynamic status of the patient. You note it, you
8 write it down on the event forms but nothing had to be
9 done.

10 Now let me go through the complications
11 here. These are patients who did require more
12 intervention. There were four instances of coronary
13 sinus dissections and two cardiac vein or coronary
14 sinus perforations for a total of six in the trial.

15 These were resolved in the following ways.
16 One patient had the procedure aborted at that point
17 and came back several days later and had successful
18 implantation of the entire system.

19 Another patient had a trans-esophageal
20 echocardiogram performed and because that's an
21 invasive procedure, it was counted as a complication
22 even though nothing was done on the basis of that.

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1 One patient had a central line placed and
2 three other patients received some kind of intravenous
3 medication such as dopamine for some period of time.
4 No patient required pericardiocentesis. There was no
5 operation necessary. No deaths related to this.

6 Now I'm going to review the freedom from
7 InSync Model 8040 generator device related
8 complications. There was only one complication in
9 this category. One device had to be replaced in a
10 patient due to inappropriate sensing function. The
11 observed rate at six months was 99.8 percent.

12 The performance objective was at least 90
13 percent freedom from complication and the lower limit
14 of a two-sided 95 percent confidence interval was 98.4
15 percent. This performance objective was met.

16 Now we will look at the freedom from Attain
17 Model 2187 and 2188 LV lead related complications.
18 There were 48 events in 38 patients for an observed
19 six-month rate of 92.5 percent.

20 The performance objective was at least a 75
21 percent freedom from lead related complications. The
22 lower limit of a two-sided 95 percent confidence

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1 interval was 89.8 percent. This safety objective was
2 met in the trial.

3 This slide shows what kinds of complications
4 were seen. Out of the 536 implants there were 48
5 events in 38 patients. You see the N shows the number
6 of complications and on the right the number of
7 patients. Many times a patient who had a lead
8 dislodged would have an elevated threshold determined
9 and both of those might be detected in one patient.

10 These are some instances where leads did
11 move, thresholds became too high, patients did need to
12 be reoperated on to reposition the lead.

13 This shows what the outcome was, the
14 resolution of these complications. In 25 patients the
15 leads were repositioned. In nine patients the leads
16 were replaced. One patient had an invasive evaluation
17 to confirm capture but nothing needed to be done about
18 it. There was adequate capture.

19 There was one instance where there was
20 inability to capture but no repositioning attempt was
21 made at the patient's request. Then there was a lead
22 that was explanted because of a failed repositioning

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1 attempt. Then finally there was one patient who had
2 hypotension and required IV fluids when the lead was
3 being repositioned.

4 The safety objective No. 4 was InSync system
5 related complications and freedom from that problem.
6 The performance objective was that there would be at
7 least a 70 percent freedom from complications related
8 to the entire system, all three leads and generator.

9 There were 74 events and 55 patients. The
10 observed rate at six months was 89 percent and the
11 lower limit of a two-sided 95 percent confidence
12 interval was 85.9 percent. This safety objective was
13 met as well.

14 This slide shows the performance objective
15 at the 70 percent level and what the actual outcome
16 was from the trial showing that the safety objective
17 was met. Out of the events that were seen there were
18 74 total and 55 patients. The breakdown is shown on
19 this slide.

20 I've mentioned previously that one was
21 related to the InSync generator itself. There were 48
22 events in the patients related to the Attain LV leads.

1 There were 10 instances where the right atrial lead
2 dislodged and needed to be replaced. There was some
3 problem with it.

4 Five instances where the right ventricular
5 lead was a problem. There were nine cases where the
6 system was explanted. Seven of them were due to
7 infection. In two instances patients developed an
8 indication from an ICD. The system was replaced with
9 an ICD. There was one instance where there was a
10 problem with the right atrial and right ventricular
11 lead both in one patient.

12 Finally, the last safety objective was the
13 lead pacing threshold performance. The performance
14 objective was that at six months that the threshold
15 would be no higher than three volts. The results from
16 the trial show that the mean six-month pacing voltage
17 at six months was 2.22 volts.

18 The upper limit of the two-sided 95 percent
19 confidence interval was 2.36 volts. This performance
20 objective was met shown on this slide by the fact that
21 at six months the threshold was lower than the
22 predetermined performance objective.

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1 In summary the primary safety results from
2 the InSync trial show that all primary six-month
3 safety objectives were met including implant success
4 and six-month device related complications attributed
5 to the generator, the leads, or the system in toto.
6 As well as the fact that the six-month pacing
7 threshold performance was met.

8 The last thing I just want to cover briefly
9 since we're talking about implantation right here is
10 just briefly about the objectives of the training
11 program for the system.

12 What would be critical for any physician who
13 was going to be implanting a system is that he or she
14 should be able to achieve success at implantation of
15 the cardiac resynchronization system.

16 That would include the assembly and use of
17 the LV lead implant tools, the ability to successfully
18 implant the LV lead, as well as to understand device
19 operation, to ensure therapy delivery including the
20 determination of biventricular pacing thresholds.

21 The components of such training would
22 include use of a heart model that allows one to

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1 practice lead placement prior to the first implant.
2 The use of an implant video which would provide an
3 overview of the system implant including case
4 examples.

5 One-on-one training which would cover the
6 concepts of resynchronization, biventricular threshold
7 management, and follow-up as well as review of case
8 studies.

9 What I would like to do now is turn the
10 podium back over to Dr. Abraham who will discuss the
11 efficacy results from the trial.

12 DR. ABRAHAM: Thank you. Next slide. Let
13 me remind you that the primary efficacy objectives of
14 the InSync study were to compare change from baseline
15 to six months follow-up between the control and
16 treatment groups for six-minute hall walk, quality of
17 life score, and New York Heart Association class. We
18 will now in turn take a look at each of these
19 objectives.

20 This slide shows the change in distance
21 walked in six minutes in patients randomized to the
22 control versus CRT groups. The left-hand panel of the

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1 slide, and you'll see that some subsequent slides are
2 set up in a similar fashion, shows the data over time
3 at baseline 1, 3, and 6 months evaluation. On the
4 right-hand panel of the slide you will see the median
5 values, plus the interquartile ranges as well as the
6 applicable p-value.

7 What you will see here is that there was
8 little placebo effect seen in the control group.
9 There was at most a modest improvement in six-minute
10 hall walk distance seen in patients randomized to the
11 control arm. The change in median value in the
12 control group was about 9.8 meters.

13 In comparison, there was a marked
14 improvement. The difference in medians is 40 meters
15 seen in the resynchronization group, and the p-value
16 here was highly significant at the .003 level.

17 Similarly on the next slide you will see the
18 cardiac resynchronization therapy also produced a
19 highly significant beneficial effect on quality of
20 life.

21 Now, in contrast to the prior slide on six-
22 minute hall walk you will see that there was a

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1 substantial placebo effect seen in terms of quality of
2 life. In the control group there was a nine point
3 improvement in the Minnesota Living with Heart Failure
4 questionnaire score. Despite this marked placebo
5 improvement, there was a treatment effect which
6 exceeded the placebo effect. The median change in the
7 resynchronization group was 18.5 points. Again, the
8 between group difference is highly statistically
9 significant.

10 Finally, of the three primary objectives,
11 this and the next slide present effects of
12 resynchronization therapy on New York Heart
13 Association functional class ranking. This slide
14 presents the data looking at patients who either
15 improved New York Heart Association class by at least
16 one class, patients who were unchanged at six months,
17 and patients who worsened New York Heart Association
18 class by at least one class at six months.

19 You will see here that when one looks at the
20 distribution of New York Heart Association class
21 changeover six months that there is a highly favorable
22 affect of cardiac resynchronization therapy with a p-

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1 value of less than .001.

2 For example, 68 percent of resynchronization
3 patients improved by at least one class compared to
4 only 38 percent of patients in the control group.
5 While the percentages are very small, fewer patients
6 demonstrated worsening New York Heart Association
7 class in a resynchronization arm.

8 The data is presented a little bit
9 differently on this slide. It shows the change in
10 distribution of New York Heart Association class from
11 baseline to six months.

12 In control patients shown on the left-hand
13 side of the figure and resynchronization patients
14 shown on the right, again you'll see that there was a
15 highly favorable effect of resynchronization therapy
16 on New York Heart Association class with, for example,
17 63 percent of resynchronization patients improving the
18 Class I or II heart failure compared to only 33
19 percent in the control arm of study.

20 This slide looks at the proportion of
21 patients with any two or all three of the following
22 levels of improvement. An improvement of New York

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1 Heart Association class of at least one class and
2 improvement of quality of life of at least 13 points,
3 and/or an improvement in the six-minute hall walk
4 distance of at least 50 meters.

5 These numbers were chosen because they are
6 the ones that were used for sample size calculation in
7 this study. You will see that in all instances
8 whether one looks at any combination of two of these
9 three endpoints or all three resynchronization therapy
10 produced a highly favorable impact on these objectives
11 as measured.

12 So in summarizing the primary efficacy
13 results of the InSync study, each of the primary
14 efficacy objectives was met with significant
15 improvements in six-minute hall walk, quality of life,
16 and New York Heart Association functional class
17 ranking.

18 Now let's take a look at some of the
19 secondary efficacy results from the InSync study. The
20 first shown are results from the cardiopulmonary
21 exercise core laboratory. The reason that the ends
22 here are smaller than ends reported on previous slides

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1 is that not all data has been analyzed by the core
2 laboratory. Every cardiopulmonary exercise test, and
3 there were a substantial number of them, are being
4 reviewed at a single core laboratory at the University
5 of Cincinnati.

6 The left-hand panel of the slide shows
7 effects on peak oxygen consumption. The right-hand
8 side total exercise time. You'll see that the message
9 is similar in both figures. There was little, if any,
10 improvement seen in patients randomized to the control
11 arm of this study.

12 For example, the median change in the
13 control group for Peak VO_2 was just 0.1 ml per
14 kilogram per minute. In comparison the median change
15 in Peak VO_2 in patients randomized through
16 resynchronization therapy was 1.0 ml per kilogram per
17 minute and its between group difference was
18 significant.

19 Similarly, resynchronization therapy
20 produced a significant improvement in total exercise
21 duration. The difference here is 85 seconds.

22 This and the next slide shows some data from

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1 the echocardiographic core laboratory. For time sake
2 I will not show you all of the data available from
3 this core laboratory, but it all looks the same and
4 the message here is that resynchronization
5 consistently improved all measures of cardiac
6 structure and function.

7 This slide shows effects of
8 resynchronization therapy on left ventricular ejection
9 fraction and mitral regurgitation. Again, common
10 theme here. Little effect seen in patients randomized
11 to the control arm. In contrast there was a marked
12 improvement.

13 The difference here a little bit more than
14 five LV ejection fraction units favoring improvement
15 with resynchronization therapy. You'll see that there
16 was also a highly significant reduction in mitral
17 regurgitant jet area seen in the patient's randomized
18 through resynchronization therapy.

19 Similarly on the next slide is data on left
20 ventricular endodiastolic dimension and left
21 ventricular mass. In regard to LV dimension you will
22 see that the control group demonstrated no change in

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1 LV endodiastolic dimension. In comparison there was
2 a .4 centimeter or 40 ml reduction in LV endodiastolic
3 dimension. This was paralleled by an improvement in
4 LV and systolic dimension as well.

5 Interestingly, while the control patients
6 demonstrated a progressive increase in left
7 ventricular mass over six months, patients randomized
8 to resynchronization therapy actually experienced a
9 decrease in LV mass and the between group difference
10 was significant at the p.006 level.

11 This slide looks at the change of
12 resynchronization therapy on cure restoration. You'll
13 see as expected there was no median change seen in
14 patients randomized to the control group. There was
15 a median difference of 20 milliseconds seen in those
16 patients randomized to active therapy.

17 In regard to neurohormones there was a
18 neurohormone core laboratory in John Burnette's
19 laboratory at the Mayo Clinic. The neurohormones
20 listed on this slide for evaluated prospectively and
21 serially in this study.

22 While the data is incomplete, to date no

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1 statistically significant difference in change from
2 baseline to six months between the control and CRT
3 groups has been shown for any of these neurohormonal
4 parameters.

5 Now let's look at our primary measurement of
6 health care resource utilization. I do want to move
7 through the presentation quickly to keep us on time,
8 but I am going to spend a moment here to make sure
9 that you understand the data that is presented on this
10 slide because it is presented a little bit differently
11 than what's in the panel pack. It's the same data but
12 it's presented a little bit differently.

13 In the panel pack what is presented is a
14 comparison between number of hospitalizations and
15 length of stay. But from the standpoint of health
16 care resource utilization, the most important driver
17 of health care resource utilization or cost here is
18 total days hospitalized and we analyze this through
19 six months through the double-blind controlled period
20 of study.

21 That's what is shown on the slide. It is
22 shown for all-cause hospital days on the left-hand

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1 panel of the slide and for hospital days attributable
2 to heart failure shown on the right-hand panel of the
3 slide.

4 Let's start on the left-hand panel of the
5 slide where you will see that in the control arm 60
6 patients were hospitalized 99 times for a total of 664
7 all-cause hospital days.

8 In comparison in the resynchronization
9 group, 57 patients were hospitalized 80 times for a
10 total of 275 all-cause hospital days. This represents
11 a 59 percent reduction but this did not reach a level
12 of statistical significance which when referenced to
13 the entire cohort of patients randomized in this
14 trial.

15 On the right-hand panel of the slide you
16 will see that in terms of heart failure
17 hospitalization where we might expect the therapy to
18 have its greatest impact, in the control group there
19 were 27 patients hospitalized a total of 39 times for
20 302 heart failure hospital days.

21 In the resynchronization group there were 14
22 patients hospitalized 20 times for a total of just 56

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1 heart failure hospital days. This represents an 81
2 percent reduction and is associated with a p-value of
3 less than .05.

4 Now I would like to turn to the composite
5 clinical response. I know that many of you are
6 familiar with this composite response which has
7 emerged as one of the most useful endpoints in
8 contemporary heart failure clinical trials. Because
9 of that, we made this one of the secondary endpoints
10 of the InSync study.

11 According to this composite clinical heart
12 failure response, patients can be categorized into one
13 of three groups based on the definition shown on this
14 slide. Patients are judged to be improved if they
15 have an improvement in either the New York Heart
16 Association class or patient assessed global status.

17 They are judged to be worsened if during the
18 six-month period of double-blind study they died, they
19 developed worsening health failure leading to
20 hospitalization or permanent withdrawal therapy, or if
21 they had either worsening of New York Heart
22 Association class or global assessment. Finally, if

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1 they don't fit either of these definitions, they are
2 judged to be unchanged.

3 The next slide presents the results for this
4 composite clinical heart failure response. You will
5 see that it highly favors an improved outcome with
6 resynchronization therapy.

7 Moving from left to right you will see that
8 more patients in the resynchronization group improved
9 65 percent versus only 39 percent in the control group
10 and fewer patients worsened and the p-value here is
11 highly significant at the $p < 0.001$ level.

12 Now I would like to look briefly at some of
13 the secondary safety results. The reason for
14 presenting them in this part of this presentation is
15 that many of these relate to heart failure outcomes.
16 Let's take a look at these.

17 First is to characterize patients survival.
18 You will see here that looking at the whole cohort of
19 patients followed to date, there have been 19 deaths
20 in the control, 14 deaths in the resynchronization
21 group for a total of 33 deaths in this population.

22 This turns out to an estimated six-month

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1 survival in the control group of about 92 percent and
2 in the resynchronization group of about 94 percent.

3 These are statistically indistinguishable
4 but it is about six to eight percent six-month
5 mortality rate which is compatible with what we would
6 expect from a predominately Class III heart failure
7 population.

8 The next slide looks at the causes of death.
9 Again, there were 19 deaths in the control group and
10 14 in the resynchronization group and there are no
11 statistically significant differences between either
12 total mortality or cause-specific mortality in this
13 study.

14 This slide presents the Kaplan-Meier
15 analysis of this data. You will see here that there
16 was, as mentioned, no statistically significant
17 difference. The relative risk here is .74 favoring
18 resynchronization therapy, but I don't want to
19 overstate it. Really what this slide shows is that
20 there is no difference in all-cause mortality in the
21 resynchronization patients or those randomized to
22 control.

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1 Let's look at some of the complications and
2 observation events during the randomization period in
3 the trial. I'm going to tell you why I'm taking you
4 through these numbers a bit carefully because one of
5 the questions that has been raised has been in regard
6 to the total number of events in this trial.

7 First of all, we asked investigators to
8 report any event, complication or observation that
9 might have occurred. You should know that the
10 majority of such events, in fact, were not device or
11 therapy related and may have included such items or
12 such complaints as headache or insomnia.

13 In addition, it should be noted that, as one
14 would guess, a major contribution to these events is
15 seen in typical heart failure type events such as
16 heart failure decompensation or arrhythmias. Yes,
17 when we start off with the total number of events,
18 there are more than 800. But realize that the number
19 of patients affected is substantially smaller than the
20 number of events.

21 Also appreciate that the event reporting on
22 this slide, the categories are not mutually exclusive

1 so patients had multiple events in multiple
2 categories. The bottom line is you have already seen
3 presented by Dr. Curtis that the number of events,
4 either complications or observations attributable to
5 the system or to the procedure, were relatively few
6 and, in fact, comprise a minority of the overall
7 reporting of adverse events in this study.

8 I would also like to focus a bit on the
9 heart failure events which might provide us some
10 additional insight into this therapy.

11 This slide looks at overall heart failure
12 decompensation events stratified as complications and
13 as observations and then substratified based on the
14 way they were categorized by the events committee.

15 Complications required either IV diuretic of
16 the decompensation and IV inotrope for treatment of
17 the decompensation, or other intravenous or invasive
18 means of therapy and observations which might have
19 included treatment with an increase in the oral dose
20 of the diuretic or an increase in the ACE inhibitor or
21 diuretic dose or some other change in treatment.

22 Or, in some instances, patients had a

1 documented episode of worsening heart failure without
2 a clear treatment change.

3 You'll see that when one looks at this data,
4 it appears -- again, I want to be very cautious here.
5 I do not want you to think that I'm trying to
6 overstate the data -- but it would appear that there
7 are fewer such heart failure decompensation events in
8 the patients who are randomized to resynchronization.

9 For example, the totals are 151 versus 85,
10 complication 65 versus 26. Look, for example, at the
11 use if IV inotropes. 19 episodes of decompensation in
12 control patients were treated with an IV inotrope
13 compared to only one such instance in the
14 resynchronization group. This data is inherently weak
15 and this is a post-hoc view of the data.

16 Let's take a look at some additional
17 endpoints which may give us further insight into the
18 effects of the therapy.

19 Extending those observations of worsening
20 heart failure events now to a Kaplan-Meier analysis,
21 this slide shows the combined endpoint of death or
22 worsening heart failure requiring hospitalization.

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1 Again, appreciate that this is a post-hoc
2 analysis and the p-value is nominal. But you will see
3 here that there was a risk reduction of 39.5 percent
4 and the p-value is .056 favoring resynchronization
5 therapy.

6 To extend this observation based on the data
7 shown on the previous slide and including all serious
8 instances of heart failure decompensation. Now those
9 that require hospitalization or treatment with
10 intravenous medications, you'll see that the relative
11 risk reduction is even better, about 42 percent, and
12 the p-value has gotten smaller as more events have
13 been added into this analysis.

14 Let me try to bring this all together with
15 a clinical summary and some clinical perspective.
16 Cardiac resynchronization therapy based on these
17 observations is effective in New York Heart
18 Association Class III and Class IV heart failure
19 patients.

20 The InSync study used standard heart failure
21 endpoints such as quality of life, New York Heart
22 Association class, and the six-minute hall walk.

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1 The InSync study demonstrated remarkable
2 consistency across all endpoints. There were no
3 instances in which the control group did better than
4 the active therapy group. In fact, there were no
5 instances in which the control group did as well as
6 the resynchronization group. So the concordance or
7 consistency of effect here is really quite striking.

8 Remember that the improvements were seen on
9 top of standard heart failure medical therapy on top
10 of ACE inhibitors, diuretics and, in large part, beta-
11 blockers. The positive results were seen despite the
12 presence of an expected placebo effect.

13 Finally, the magnitude of effect compares
14 well with other proven therapies such as ACE
15 inhibitors, beta-blockers, or Digoxin.

16 Let me just show you some examples of that
17 on the next two slides. This slide compares cardiac
18 resynchronization therapy using the outcomes from the
19 InSync trial to our experience from a variety of
20 trials with ACE inhibition and beta-blockade.

21 Again, for time sake, I will not take you
22 through this in a detailed fashion. I'll let you scan

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1 the slide on your own. The two important messages
2 here are that, one, like the ACE inhibitor and beta-
3 blocker trials there is a placebo effect and that is
4 not unexpected.

5 Despite that placebo effect, there is highly
6 significant treatment effect and the magnitude of
7 effect is at least as good, at least comparable, to
8 that seen in the ACE inhibitor and beta-blocker
9 trials.

10 Someone earlier very astutely mentioned that
11 these ACE inhibitors and beta blocker trials didn't
12 always show such great improvement in symptoms or
13 quality of life but they affected other endpoints like
14 survival.

15 Let's look on the next slide at another drug
16 which we know has a neutral effect on survival but
17 improves patient symptoms and functional capacity and
18 that is Digoxin.

19 You will see that the comparison looks
20 similar to that shown on the previous slide that the
21 magnitude of effects seen with resynchronization
22 therapy is at least as good that the control

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1 improvement is similar in these sorts of trials,
2 specifically referencing the RADIANCE study so
3 resynchronization fairs well in the setting of
4 standard heart failure therapy.

5 While I'll conclude with this slide, the New
6 York Heart Association Class III and Class IV systolic
7 heart failure patients with intraventricular
8 conduction delays. Cardiac resynchronization therapy
9 is safe and well tolerated.

10 It improves quality of life, functional
11 class, and exercise capacity. It improves cardiac
12 function, and it importantly improves heart failure
13 composite clinical response, an integrated measure of
14 heart failure outcome.

15 With that, I will conclude my formal
16 comments and we would be happy to address your
17 questions at this time. Thank you.

18 DR. SWAIN: Thank you. We'll hold on the
19 questions. Next we'll have the FDA presentation, Dr.
20 Mitch Shein.

21 MR. SHEIN: Good afternoon. As Dr. Swain
22 mentioned, I'm Mitchell Shein. I'm the lead reviewer

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1 for P010015, the Medtronic InSync Cardiac
2 Resynchronization System.

3 The PMA has been reviewed by a number of
4 people within the Division of Cardiology as well as
5 outside from other offices in the center. They
6 include Frank Lacy who looked at the preclinical
7 testing for the 8040 device; James Cheng who reviewed
8 the software; John Glass from the Office of Compliance
9 who looked at the manufacturing and sterilization
10 sections; Vertleen Covington who did the data
11 integrity from our bioresearch monitoring staff; and
12 Dr. Barold and Dr. Gray, who you've heard from today,
13 who will also be reporting here to talk about the
14 clinical and statistical review.

15 The regulatory history behind this PMA
16 obviously started as a dimension under IDE under
17 G980219 back in 1998. Medtronic elected to submit a
18 PMA modular shell under the number listed there.
19 Modular shell is a system that we have within the
20 agency for reviewing elements not including the
21 clinical data ahead of the time of the submission of
22 the PMA.

1 The modular shell for this particular device
2 included the six listed. They included the
3 preclinical testing for the post generator, the
4 software verification validation, animal testing for
5 the leads, animal testing for the InSync system as a
6 whole, as well as the manufacturing and sterilization
7 modules.

8 The InSync components that we're talking
9 about today in this system includes the 8040
10 generator, the 9980 programmer software for use on the
11 9970 programmer, and the Attain models 2187 and 2188
12 leads.

13 Before we get into the meat of today's
14 discussion which will include the clinical data as
15 well as the statistical information, I wanted to
16 backtrack a little bit and talk about all the testing
17 that is going on before that.

18 This is a slide including the highlights of
19 the model 8040, the post-generator preclinical
20 hardware testing including IC/Hybrid testing. Those
21 system components are identical to Thera-i. The
22 battery was used in the Kappa 400 contains IS-1

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1 connectors and, therefore, had the testing commence
2 with that standard.

3 It underwent significant environmental and
4 mechanical testing. It was subjected to
5 electromagnetic compatibility testing.
6 Biocompatibility testing was waived due to the
7 identicality to Kappa 400 parts.

8 Now, in the panel it was mentioned there are
9 outstanding issues regarding this. Those issues are
10 minor and have since been resolved. This module is
11 now closed.

12 The 9980E software. The information was
13 submitted, Medtronic typical software development plan
14 included the software application specification. It
15 provided us with a detailed software development plan
16 itself, hazard analysis, and extensive verification
17 testing. This module two has been closed out and we
18 have no further issues there.

19 The Attain model 2187 and 2188 leads, as Dr.
20 Stanton said earlier, the 2188 is currently approved.
21 They are looking for an expansion and indication for
22 the use of the system at this time.

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1 The testing that these devices underwent for
2 this study included environmental conditioning,
3 mechanical, electrical testing. Again, the
4 biocompatibility testing by virtue of the identity
5 of the materials and commercially available products
6 has been included. Of course, sterilization
7 qualification information.

8 I now want to turn the floor over to Dr.
9 Barold who is going to go and review the clinical.

10 DR. BAROLD: Good afternoon. I'm going to
11 take this chance to go over the clinical summary for
12 Medtronic InSync Cardiac Resynchronization System. In
13 my presentation I will also include the statistical
14 analysis performed by Dr. Gerry Gray.

15 I would just like to remind you of the
16 indications for use statement as given to us by the
17 sponsor. It is for patients with advanced heart
18 failure who are New York Heart Association Class III
19 or IV and have a left ventricular injection fraction
20 of ≤ 35 percent and a QRS duration of ≥ 130 msec.

21 I just want to briefly remind you again of
22 the study methods. All patients received an implant.

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1 Three days after the implantation they were randomized
2 to either pacing on or pacing off for six months at
3 which time the investigators were allowed to turn the
4 packing on. As you heard from the sponsor, all of the
5 investigators chose to turn the pacing on.

6 There were three co-primary effectiveness
7 endpoints studies. New York Heart Association
8 classification, quality of life score as measured by
9 the Minnesota Living with Heart Failure questionnaire,
10 and the six-minute hall walk distance, and the
11 appropriate statistical testing done which was
12 explained by the sponsor.

13 The primary safety objectives were also gone
14 through by the sponsor. As were the secondary safety
15 objectives which are listed here. And the secondary
16 effectiveness objectives.

17 I just want to remind you of some of the
18 inclusion criteria. Patients were required to be a
19 New York Heart Association Class III or IV at the time
20 of enrollment. They had to have a QRS > 130 msec.

21 They were required to have a stable medical
22 regimen for one month excluding beta-blockers which

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1 had to be on a stable beta-blocker regimen for three
2 months prior to enrollment. They additionally had to
3 be on a stable dose of positive inotropic OP Rx for
4 one month prior to enrollment.

5 I just listed the exclusion criteria. The
6 only one I really want to point out is the patients
7 who were not allowed to have an actual indication for
8 a pacemaker in this case. Otherwise they are standard
9 criteria for these types of studies.

10 Patient accountability. As you heard, there
11 were 631 patients enrolled. We will be looking at the
12 six-month paired data for 171 controls and 174
13 treatment patients.

14 Here are the baseline characteristics for
15 all of the patients that were enrolled. Again, as the
16 sponsor pointed out, a large percentage of these
17 patients were on ACE inhibitors and beta-blockers. I
18 would also like to point out that the ischemic
19 etiology is approximately 50 percent or so in this
20 patient population.

21 I'm going to move on to the actual results.
22 Again, these are paired results and I will be talking

1 mostly about the six-month results but will be
2 mentioning some other three-month results.

3 Most of the data presentation will be in
4 this same type of format. You can see the median
5 result for the control and the treatment and then the
6 difference of the median results there. As you can
7 see, there are only four categories in the New York
8 Heart Association class.

9 Therefore, the median control class did not
10 really change across three to six months. Whereas the
11 median control class of treatment decreased from three
12 to two which was statistically significant.

13 This slide gives you some information on how
14 many patients actually improved by one or two New York
15 Heart Association classes or had a worsening of their
16 condition. As you can see, in the control group 38
17 percent of patients had an improvement in their New
18 York Heart Association classification, whereas 68
19 percent of the patients in the treatment group had an
20 improvement.

21 I think interesting also is that there was
22 only a four percent worsening in the control group and

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1 a two percent worsening in the treatment group.

2 This is a quality of life results. Again,
3 it's paired, median results. You can see at the six-
4 month point that the control group had a nine percent
5 difference, a negative score. The more negative it
6 is, the better it is for the patient. They had -9
7 versus -18.5 with a p-value of 0.003 at the six-month
8 point.

9 This is a slide a statistician put together
10 from the actual data. You can see a tremendous amount
11 of variability. Again, the data with the colored
12 lines representing the median values. That just gives
13 you a nice spread of scores.

14 Just to summarize the quality of life
15 results at the six-month point, you can see in the
16 control group 67 percent of the patients improved in
17 their quality of life scores and 79 percent of the
18 patients with treatment improved.

19 This is similar data again presented for the
20 six-minute hall walk distance. You have seen this
21 from the sponsor. In the control group at the six-
22 month point you can see the numbers here, an

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1 improvement of 9.8 and then in the treatment group an
2 improvement of 40.1 meters with a p-value of 0.003.

3 Again, this is a slide put together by a
4 statistician which shows the actual individual result
5 and showed the results there for the control and the
6 treatment group.

7 Out of the control group 56 percent of the
8 patients had an improvement in their six-minute hall
9 walk as opposed to 69 percent of patients in the
10 treatment group.

11 Overall results, which the sponsor has gone
12 over, quality of life score, there was 9 unit
13 difference in improvement over the control. IN the
14 hall walk there was a 30 minute difference, a 30 meter
15 improvement in the treatment group versus a 10 in the
16 control, and a 1 class difference in improvement over
17 a 0 class difference in the control group in the New
18 York Heart Association classification.

19 The sponsor presented a graphical
20 representation of the slide. The information here is
21 just to show you what percentage of patients in the
22 control and treatment group improved at either one of

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1 the individual endpoints or the combination thereof.

2 These are some of the secondary endpoints,
3 QRS duration. I would just like to note that the way
4 that this was measured was in the control patients
5 they took the echocardiogram and then in the treatment
6 patients they did measure the QRS during pacing. You
7 can see that there is a difference in the QRS duration
8 between treatment and control.

9 This is the data from the Peak VO_2 at the
10 six-month point. You can see that there is more of an
11 improvement in the treatment group with a p-value of
12 0.038.

13 Just wanted to show you the 12-month data
14 for the treatment group only. The reason that only
15 the treatment group is on here is because, as you
16 know, at the six-month point in the control group,
17 they are actually then considered treatment groups
18 just for ease of information.

19 You can see the median paired numbers at
20 baseline and three months, at baseline and six months.
21 Then at the 12-month data you can see baseline and 12
22 months. I also want you to just note that there are

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1 only 59 patients in that 12-month data.

2 Exercise time in seconds. Again, there was
3 a larger improvement in the treatment group.

4 This is a list of the echocardiographic
5 parameters with the exact amounts of improvement in
6 the control and treatment group. These numbers have
7 been available to you so I won't go through each one
8 of them. You can see some of the amounts of increase
9 or decrease in these particular variables.

10 This is the health care utilization that the
11 sponsor spoke about when they discussed the number of
12 hospitalizations. You can see here in the control
13 group that there were 16 hospitalizations, in the
14 treatment group 57 hospitalizations. Of those 27
15 hospitalizations were for congestive heart failure in
16 the control group and 14 in the treatment group with
17 the associated p-values.

18 Again, as the sponsor mentioned, they
19 measured many neurohormonal levels. The statement
20 that I would like to make about this is not that they
21 saw a significant difference in any of the variables,
22 but the levels that they drew were highly suggestive

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1 of advanced heart failure.

2 Just a summary of the functional
3 effectiveness endpoints. In QRS duration they did see
4 an improvement with the treatment. In Peak VO₂ they
5 saw an improvement with the treatment. IN exercise
6 time they also saw improvement with the treatment.
7 The echo parameters were a little variable but there
8 was an overall improvement with the treatment. Health
9 care utilization, no overall difference.
10 Neurohormonal difference, there was one significant
11 difference.

12 I would like to just review some of the
13 mortality that was seen in this study during the time.
14 There were 69 patient deaths. Six were after
15 unsuccessful implants. Two patients were implanted
16 but not randomized. It was clear that at least one of
17 the deaths was related to the procedure itself.

18 33 percent of the deaths occurred during the
19 six-month time. In the control group there were 19
20 deaths, five of which were sudden cardiac death. In
21 the treatment group there were 14 deaths, seven of
22 which were sudden cardiac death. Overall there was no

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